Greetings!

And thank you for your interest in coming to Uchee Pines! For over 43 years now, our educational department has been equipping men and women with the practical skills and training necessary to reach out to a lost and dying world. If you sense God calling you to a life of more effective missionary service, Uchee Pines may be the place for you!

Currently Uchee Pines offers a number of challenging training courses. Our Lifestyle Educator course (LE) provides six months of intensive instruction in preventive medicine, natural remedies, and gospel evangelism designed to give individuals a better understanding of God’s methods for ministering to the sick. Those who desire further training may then continue on to our Lifestyle Counselor course (LC)—twelve more months of advanced medical missionary instruction, including six months in the classroom, and six months clinical experience through our on-site Lifestyle Center.

In this information packet you will find a student handbook, one application form, and four recommendation forms. Please read over the handbook prior to beginning the application. When completing the application, please give the reference forms to individuals that have been acquainted with you for at least one year, and return your application to us for review. Your application will be processed once we have received your application and references. Also, please be sure to enclose a current picture of yourself and the $50.00 application fee ($75.00 for international students) with your completed application.

If you have any questions please don’t hesitate to e-mail ucheepines@gmail.com or contact us at the number below. We look forward to hearing from you soon.

Thanks & God Bless,

Lifestyle Education Department
Uchee Pines Institute
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About Us:
Nestled in 200 acres of east central Alabama pine land sits Uchee Pines Institute. Long ago, the land was home to the Yuchi Indians, a peace loving, gentle, agrarian tribe. The Yuchi Indians have moved on but the pine forests, the rolling hills, and the quiet remain.
Uchee Pines was founded in 1970 by Doctors Agatha and Calvin Thrash to emphasize prevention and cure of disease through natural means. God had given these pioneers a vision to demonstrate through their medical practices the true power of the Great Physician. Their knowledge of the devastation caused by disease provided a powerful incentive for the establishment of a retreat in the country surrounded by flowers and trees, orchards and vegetables, where all the advantages of God’s remedies could be obtained.

Uchee Pines has since grown into a ministry with worldwide impact. Much of its ministry revolves around our new lifestyle center. Here, guests receive a degree of personal attention not usually available in larger institutions. On the other side of campus is our Education Department, with multiple classrooms, a small library and computer lab. Here, scores of students have been trained for effective missionary service. Other campus buildings include a small print shop, an industrial building, an auto repair shop, a campus chapel used for many Uchee Pines gatherings, the business office, two student dormitories, an RV park, a multipurpose cafeteria, and various staff homes. There is even a red caboose donated by the Southern Railroad Company which serves as guest housing.

Uchee Pines currently offers several courses of study, all with one goal in mind: to equip Gospel workers who feel a passion to bring the blessings of salvation to a dying world. In this handbook you will learn about our Lifestyle Educator & Counselor courses and our Work Study Option. In addition, you will discover the principles and guidelines that make Uchee Pines such a unique and life-changing place.

General Principles:
At Uchee Pines, we believe our success in training workers is dependent upon faithfulness to Scripture and inspired counsels. Listed below you will find some of the foundational principles that summarize our understanding of true education. Your success as a student is largely dependent on the degree to which you are able to embrace these ideals personally. For this reason, we invite you to prayerfully consider each of the following general principles, and commit yourself to them fully, before applying to Uchee Pines:

• Wholehearted devotion to Jesus Christ as Savior, Lord, and Friend, with a chosen lifestyle of personal prayer, Bible study, obedience, and Christian service.
• Loyal support for the ideals, teachings, and organization of the Seventh-day Adventist Church. Uchee Pines students are encouraged to support the organized Seventh-day Adventist Church through their talents, influence, tithes and offerings.
• Dedication to excellence in all aspects of the school’s educational programs. This includes regular and punctual attendance, attentiveness in class, diligent study, and faithful completion of all required assignments.
• Recognition of the sanctity of work, and the importance of a balance between intellectual and manual labor in training.
• Respect for one’s body as the temple of God, and determined abstention from alcohol, tobacco, illegal drugs, and other harmful substances.
• Purity of heart which refrains from the exploitation of others sexually or emotionally, as well as from premarital sexual contact and/or other impure practices.
• Appreciation for those forms of recreation which encourage a deeper love for our Creator, such as walking in nature, hiking, gardening and camping.
• The highest ethical values, including transparent honesty in all situations, personal integrity, and fidelity to principle.
• Commitment to unity and cooperation while part of our campus family, through the subordination of personal desires to the needs and schedules of others.

TRAINING PROGRAMS:
Uchee Pines currently offers two challenging training programs. The Lifestyle Educator program is described below. The Lifestyle Counselor program is offered as an advanced training program after the completion of the Lifestyle Educator program.

Lifestyle Educator (LE): Our Lifestyle Educator course provides six months of intensive instruction in preventive medicine, natural remedies, and gospel evangelism designed to give individuals a better understanding of God’s methods for health ministry. This is the classic Uchee Pines health evangelism course that has been such a blessing to so many.

Work: All Uchee Pines students are required to work approximately 10 hours each week in various assigned locations on our campus. These assignments are designed to promote a healthy balance of mind and body, industriousness, a sense of value and self-worth.

Final Practicum: The LE program concludes with an intensive ministry practicum approximately three weeks in length, where students work together in a mission setting implementing the things they have learned in active missionary service.

Special Topics: In addition to regular classes, students will attend daily chapel talks, assembly meetings, and a variety of seminars and workshops offered on our campus at various times throughout the year. Some of the topics presented will include subjects such as music, Christian dress, dating relationships, mission opportunities, midwifery, etc. Topics vary from year to year.

COURSE DESCRIPTIONS & CURRICULUM HOURS: (subject to change)

1) Anatomy & Physiology with Disease & It’s Cause
   • This course teaches human body structures and functions. Learn how disease alters normal body functions so you can prayerfully serve in a role to provide natural remedies to assist nature’s recuperative effort to reverse disease.
2) Principles of True Education
- This course helps to bring understanding of the importance of seeking God’s standard of education and implementing the blueprint that marks true “Higher Education”.

3) The Sanctuary
- For those wanting to see the full scope of what Christ has done, is doing, and will do in regards to the problem of a sinful world this class is of vital importance. We will take an in-depth look at the significance of the sanctuary message, particularly in how it affects us today.

4) Lifestyle Principles
- Learn how to live healthier and happier in this comprehensive look at practical, everyday wellness. Join us as we study how to live in obedience to the natural laws that serve to enable a state of wellness and readiness for physical, mental, and spiritual healing.

5) Public Speaking & Health Evangelism
- The world is perishing for lack of knowledge regarding God’s plan for health, happiness, and holiness… Are you ready to lift up your voice like a trumpet? During this course you will learn how to follow in the footsteps of the Greatest Evangelist, Jesus Christ, through understanding and applying principles of effective communication.

6) Fundamentals of Agriculture
- Our Agricultural program is designed to prepare those with all ranges of gardening and farming skill to successfully plant, nurture, and harvest a wide variety of healthful and nourishing vegetables, fruits & herbs. The focus is upon simple missions-style farming.

7) Food Preparation & Demonstration
- The purpose of this course is to develop culinary presentation skills and enhance knowledge of food preparation (particularly health promoting plant-based entrees). Training also includes dynamics behind conducting cooking schools and other types of culinary demonstrations. Also in this program you will learn simple means to preserve natural foods for future use.

8) Principles of Nutrition
- This course looks at the physiology behind proper nutrition, particularly dealing with a plant-based diet. Study is focused upon the groundbreaking nutrition textbook, *Nutrition for Vegetarians*, by Dr Agatha Thrash.

9) Hydrotherapy
- Water, wisely applied can be an amazing help in the treatment of disease and disability. This course is designed to give a fundamental knowledge of the science
behind hydrotherapy with a focus upon hands-on training in giving simple to complex water treatments.

10) Health Reform & the Three Angels Messages
   • Learn the inspired reasons for health reform, what connections exist between diet and spirituality and our reception of earth's final warning.

11) Christian Finance & Business Principles
   • Poor financial management is one of the plaques of the modern world. During this course you will learn the principles of good stewardship, how to get out of debt, and how to move forward in faith in business aspects of ministry.

12) Christian Standards in: Courtship, Dress, Music
   • If Christ has called us to “live the truth” should we be following secular lifestyle standards? In these classes we will examine what the Word of God reveals regarding relationships, dress, music, etc.

13) The Ministry of Healing
   • Looking steadfastly at the Master we shall learn how to truly go from grace to grace ministering to the needs of others body, mind, and soul.

14) Canvassing & Health Evangelism
   • Discover and demonstrate how both “arms” of our last-day work (canvassing and health evangelism) provide not only a means for reaching others with “the truth as it is in Jesus,” but also provide a steady source of income for missionary labor.

15) Biblical Work Ethics
   • The principles discussed in this course will be of invaluable help to those seeking to increase workplace effectiveness, set career goals, and achieve success in any line of work.

16) Daniel & Revelation
   • Do you desire to learn about Bible Prophecy? We will look at two of the most fascinating books of the Bible which will serve to ground us in our faith and help us to rightly interpret end-time events.

17) Massage Technique
   • Identify and practice basic massage techniques helpful in relieving stress and combating many common health concerns.

18) Gospel Work
   • How to effectively get and give Bible studies in a personal setting. Learn how to do this work with earnestness and experience the joy of opening the Scriptures to others.
19) **Principles of Mental Health**
   - Great wisdom is needed in dealing with diseases caused through the mind. Learn to follow Christ’s own method of dealing with the mind.

20) **Herbology**
   - Learn how to identify some of God’s healing herbs and use them in effective handmade preparations.

21) **Evangelism Cycle**
   - Paul planted, Apollos watered; but God gave the increase. Learn the practical art of planting, sowing, and reaping for the Kingdom of God.

22) **Practical Classes**
   - Manual training is deserving of far more attention than it has received. Learn how to do basic car mechanics, maintenance, and sewing. To be a well rounded missionary.

23) **Biannual Wellness Seminar**
   - Occurring in the spring and again in the fall, these week-long health seminars are designed to provide current information on lifestyle medicine and advances in natural treatment of disease.

24) **Lifestyle Education Outreach & Practicum – (Practicum Length May Vary)**
   - All of the information presented in this course would be of little value without a practical training into its implementation. During this course, trainees are able to apply health and wellness training in select venues such as our Health Emphasis Weekends, Health Expos, Seminars, and numerous other forms of outreach.

**DEDICATION POLICY:**
In seeking to follow inspired counsels as closely as possible, Uchee Pines has chosen not to “graduate” students who complete our training programs. Rather, students who successfully complete our course of instruction and who show promise as a missionary for Christ are “dedicated” to a life of service by our Uchee Pines staff.

**FINANCIAL POLICY:**
The total cost for the Lifestyle Educator Program is **$3,400**. Once a student is accepted into Uchee Pines, they are asked to submit a $500 deposit within one month to secure their place within the incoming class. The remaining balance of $2900 is due upon arrival at Uchee Pines. This amount includes room, board, and tuition for their entire six months of training. Other costs include a $100 refundable room deposit fee, and from $200-$300 for required textbooks and various class materials.

**REFUND POLICY:**
Students who withdraw from the program are eligible to receive the following refunds on tuition paid to Uchee Pines. No refunds are granted after the third month of classes has been completed.
Within 1 month: 75%
Within 2 months: 50%
Within 3 months: 25%

FINANCIAL AID POLICY:
Work Study Option - This program allows a student to work at Uchee Pines for six in exchange for six months classroom instruction. A limited number of such positions are available and are awarded on a case-by-case.

Students who wish to complete their training in six months, should consider asking friends and family to help sponsor them in their efforts to receive missionary training. Many local churches are willing to provide “worthy student” scholarship funds, as well. We encourage you to explore all such options fully.

Do not allow finances stand in your way. God has a thousand ways to provide for those who put His work first. Send your application in today--then watch how God provides!

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Part II: GENERAL INSTITUTIONAL INFORMATION & POLICY

ATTENDANCE:
Regular and punctual attendance at all scheduled classes is expected from all students. If you must miss a meeting due to illness or other unavoidable circumstances, please contact your teachers/supervisors affected, preferably before your class or work assignment begins. Absences will be excused at the discretion of the teacher, supervisor, and/or the Education Director.

CAMPUS LEAVES:
Except in emergency situations, leaves from campus should not infringe upon any scheduled seminars or classes. Should a campus leave become necessary, approval should be obtained from the Education Director as far in advance as possible.

WORK:
Work assignments are a part of each school day and constitute a valuable and important part of your training. Please arrive at your work station promptly and on time.

RELIGIOUS SERVICES:
Prayer meeting, Wednesday 7:00 pm; Testimony Meeting, Friday 7:00 pm (during the winter months this time may change as sundown changes); Sabbath School, 9:15 am; Divine service, 11:00 am. Regular attendance at these services is expected.

BUSINESS OFFICE:
Uchee Pines maintains a small business office on our main campus to assist you with various services. Here you can send and receive faxes, purchase postage, do photocopying and get documents notarized. All financial matters connected with your time at Uchee Pines should be arranged with the business office.
DINING ROOM:
The campus cafeteria provides a model of completely plant-based dining for students, single workers, and guests. Students and staff who eat regularly at the cafeteria are required to help with various assigned chores. All are expected to clear and clean their dining table area. This type of help is always appreciated. Meal serving times are:

- Breakfast: 6:30 am - 7:00 am
- Lunch: 12:45 pm - 1:30 pm
- Supper: 6:15 pm - 6:45 pm

Though a good variety of healthful food is available in our cafeteria, Uchee Pines is not able to accommodate students with special dietary needs. Suppers are very light, usually consisting of fruit and bread. Please contact us if you have questions.

COMPUTERS & INTERNET:
The Education building houses our wi-fi internet access and a small computer lab for students and other Uchee Pines residents. Internet access is available for online research, email, etc. Responsible use of the computer lab is expected. Internet use during class is restricted to class related web activity.

DISCIPLINE POLICY:
If a student appears to be moving away from the goals and principles of Uchee Pines Institute, an effort will be made to restore the student to a spirit of willing and intelligent harmony. This discipline process begins with personal consultation and prayer. Should this seem inadequate to accomplish needed change, the school may restrict the student’s privileges, or even suspend him/her from the school for a time. In rare cases, where a student is unresponsive to counsel or discipline, or his influence appears detrimental to other students, the school assumes the right to dismiss the student.

DORMITORY GUIDELINES:
Dormitory living requires cooperation and communication to ensure all things operate smoothly. Dorm monitors hold periodic “family meetings” to assign various cleaning duties and discuss ways to make dorm life more enjoyable. Some of our basic dorm guidelines include:

- Curfew. Adequate rest is essential to the maintenance of physical, social, and spiritual health. The school requires students to be in their respective dormitories by 9:00 pm and lights out by 9:30 pm. If you find that you will not be in the dormitory by 9:00 pm you are expected to contact the dorm monitor to explain your situation.
- Food. No food is allowed in student dormitories, as it tends to attract various unwanted pests. Refrigerators and cooking implements are also not allowed.
- Laundry. There are washers and dryers in each dormitory for student use. Laundry soap is not provided.
- Pets. There is no provision for keeping pets in the dormitories or on campus.
- Personal Property. Uchee Pines Institute cannot accept responsibility for stolen items or money. It is the concern of the individual student to keep automobiles, bicycles, and unoccupied rooms locked.
• Telephones. Each dormitory has one phone line which can be used to receive incoming calls and make outgoing calls. Long distance calls will require a phone card. Those living in the dormitories should try to keep calls as short as possible, as there are others in the dormitory who may wish to use the telephone. Avoid calling other campus homes after 8:30 pm.
• Men and women should consider dormitories of the opposite gender off limits, except by special permission of the Education Director, or Dorm Monitors.

**DRESS CODE:**
Students should dress in a manner reflecting the sacred purposes of Christian education. Uchee Pines upholds the following guidelines for personal appearance:

• Christian Dignity and Simplicity. Avoid carelessness, sloppiness, or untidiness and the opposite extreme of showiness or extravagance. Rather strive for good taste, and a pleasant, attractive appearance.
• Appropriateness. Select presentable, durable work clothes for physical work, modest casual attire for recreational purposes, and more dignified clothing for classes and group worship. Jeans or T-shirts are not appropriate in the classroom.
• Modesty. Provide others the opportunity to appreciate you as an entire person without drawing attention through dress or grooming to your body or person—especially in a sensuous manner. Please do not wear shorts, sleeveless shirts, sheer blouses, tight-fitting clothes, low-cut necklines. For skirts or dresses: hemlines should cover the knee, standing or sitting, with no slits above the knees.
• Maturity and Confidence. Self-respect, and a sense of security in Christ are demonstrated by good grooming, without the need to resort to artificial adornments such as jewelry, colorful cosmetics, or faddish clothes.
• Role distinction. Clothes and hairstyles should emphasize the unique and sacred identities of men and women (men are required to wear pants & women are required to wear skirts or dresses)
• Lasting Quality. Select clothing that will last because of its durability, quality construction, and practical styling in accordance with long-standing cultural norms.
• Health. Choose clothing that promotes good circulation, and avoids exposure of arms or legs to the cold.

**RELATIONSHIPS:**
Group interactions between men and women provide opportunities for students to grow in social graces, to learn about themselves and others, and to develop values regarding the future selection of a life partner. When education is seen as a sacred preparation for a life of mission service, however, the conscientious student will be careful to avoid all social involvements that might hinder their work of preparation.

To help students guard against distractions during their educational preparation and during the formation of their personal goals while at Uchee Pines, there is no dating or courtship for students except by permission and announcement of the Executive Committee. The formation of “special friendships” where men and women frequently pair up together, or which produce an
attachment to the exclusion of others, is prohibited.

TECHNOLOGY:
Modern advances in technology are often a double-edged sword. On the one hand, they can be a powerful tool in the acquisition of knowledge and the proclamation of truth. On the other, they can be a significant distraction, or exert unhealthful influences on the formation of Christian character. For this reason, Uchee Pines asks students to restrict the technological devices they bring to those which are practical, useful, and edifying. Please do not bring televisions, stereos, computer games, etc. All music brought to Uchee Pines should be of the highest Christian caliber.

VEHICLES:
Students are welcome to bring their personal automobiles. Motorcycles are not permitted on campus as they are not conducive to an atmosphere of safety and quietness. Bicycles are convenient. If used after dark they need to have an attached light for the safety of pedestrians and cyclist. Students owning vehicles must show proof of adequate liability insurance coverage to the Business Office before being allowed to use the vehicle on campus or before being authorized to carry other students.

CONTACT INFORMATION:
MAIL:  
Education Department  
30 Uchee Pines #31  
Seale, AL 36875

INTERNET:  
www.ucheepines.org  
Lifestyletraining.org  
Ucheepines@gmail.org

Your mailing address while a student at Uchee Pines will be as follows.
Name (Ladies)  
30 Uchee Pines #5  
Seale, Alabama 36875

Name (Men)  
30 Uchee Pines # 25  
Seale, Alabama 36875

IMPORTANT PHONE NUMBERS:
Lifestyle Center  
334-855-4764  
Ext. 7030

Education Dept  
Lady’s Dormitory  
334-855-3331  
Men’s Dormitory  
334-855-3454

FAX:  
334-855-4780

TRANSPORTATION:
Uchee Pines Institute is located in east central Alabama about 20 miles from Columbus, Georgia, near the small community of Fort Mitchell, Alabama. Our street address for your GPS system is: 30 Uchee Pines Rd. Seale, Alabama.

A small domestic airport does serve Columbus, Georgia called Columbus Metropolitan Airport. Atlanta, Georgia which is 120 miles away, hosts a busy international airport.

There is a commercial shuttle service available from the Atlanta airport to Columbus, Georgia called Groome Transportation: 1(800)584-6735.
Once in Columbus, Georgia we can schedule to come and pick you up at Groome Transportation or Columbus Metropolitan Airport for a $50 round trip transportation fee. Thank you!

**Handbook Addendum - Answers to frequently asked questions:**

**Q: How large are the classes?**  
A: Up to 15 trainees are enrolled in the Lifestyle Educator Course per session.

**Q: What does the $3,400 course fee include?**  
A: Meals, accommodations and training course fees

**Q: What is the cut-off date for enrollment in an upcoming session?**  
A: We prefer applications arrive at least two weeks before a session begins, but we may accept applications up to 1 week before our session begins (sessions begin the first week in January and the first week in July).

**Q: When is the $3,400 due?**  
A: $500 is due any time after acceptance, the remaining is upon arrival at Uchee Pines. You may be able to work out a payment plan by contacting the Uchee Pines Business Office (334-855-4781).

**Q: What is the closest airport to Uchee Pines?**  
A: Columbus GA (CSG) is the closest airport, also Atlanta (ATL) & Birmingham (BHM)

**Q: How far is Uchee Pines from these airports, and what sort of transport is available?**  
A: Groome transportation runs a shuttle from Atlanta (2 and ½ hours away) to Columbus Georgia (30 minutes away). We can pick you up in Columbus Georgia for a reasonable transportation fee. There is no commercial shuttle service that runs from Birmingham to Uchee Pines.

**Q: Is the course accredited?**  
A: The course is not accredited by man’s standards. In this manner we are able to keep costs low and to focus on subjects that are relevant and applicable to the medical missionary experience.

**Q: How far is the closest SDA church?**  
A: We have a church right here on campus and there are several others a short drive away (20-45 minutes).

**Q: What would you recommend for me setting aside for a weekly 'living allowance' (i.e. for laundry powder, toiletries etc.)?**  
A: We recommend bringing a minimum $10 USD per month for personal needs.

**Q: Are there any shops nearby where things can be purchased?**  
A: Yes, we have several shopping centers within a 20 minutes drive.

**Q: Do we provide our own bedding?**
A: Yes, you would need to bring bedding for a single bed (or purchase it here – this may be the best option if you are flying and limited by luggage restrictions).

Q: What are the dormitory arrangements?
A: We have separate male and female dormitories where we house most of our trainees. You may be asked to share a room with up to 3 other individuals (bunk beds).

Q: Are the meals vegan or vegetarian?
A: The meals served at Uchee Pines are completely plant-based (vegan), low in oil, and delicious!

Q: If I take the work-study program, how much do I pay for the LE course? Do I get the $500 deposit back?
A: The $500 deposit is part of the $3,400 tuition. The work study option deducts $2,900 from the total tuition cost but you will still have to pay the $500. An additional $100 room safety deposit is required but you are refunded the $100 room deposit upon leaving the dorm if the room is left in satisfactory condition.

Q: Can I just take the 12 month (LC) course instead of the LE course?
A: The prerequisite for the LC course is the Uchee Pines LE course or similar training at another approved Outpost Centers International health training institution (Wildwood, Eden Valley, Riverside Farms, a certified 6 month LIGHT course, etc).

Q: Do you have family housing or housing for couples desiring to take the course?
A: We do not have housing for student-families or couples who desire to take our courses, however, another option is to acquire a travel trailer or RV that may be parked in our RV lot here on campus during your stay as a student.

Q: Are there any Christian schools nearby?
A: Because of the lack of an on-campus primary school, children are often home schooled.

Q: What kind of visa will I need for the LE course?
A: We recommend a B-1 (visitor’s) visa for the six-month course. If you are planning to stay and train longer and conduct medical missionary work here at Uchee Pines we may be able to assist you in applying for an R-1 (religious worker’s visa). In order to process your request for an R-1 visa we will need the following: a copy of your baptismal certificate (must be an active member of the SDA church for at least 2 years), a record of church related activities, and a non-refundable $320 filing fee (USD). This process may take several months and keep in mind that applications can be denied by the US Department of Immigration.

Q: Do you have agriculture training in the LE course?
A: Yes, we cover the science and practical aspects of agriculture (over 60 hours of instruction) in our 6-month Lifestyle Educator course.
MEDICAL MISSIONARY TRAINEE APPLICATION

Uchee Pines Institute
30 Uchee Pines Road #31
Seale, AL 36875-5702
Tel: 334-855-2903

Please Attach Current Photo Here

BASIC INFORMATION:

Date: _______________________      Social Security Number: __________________________________________

Name:  _______________________________________________________________________________________

Last                  First                  Middle                  (Maiden)

Address: ____________________________________________________________

Street/Box Number                  City                  State Zip                  Zip

Contact: ____________________________________________________________

Work Phone                  Home Phone                  Email

Birthplace: ____________________________________________________________  Birth date: ___________________  Sex:  □ M  □ F

U.S. Citizen?  □ Yes     □ No     If no, what type of visa do you have?
   □ None     □ Tourist     □ Permanent     □ Religious (please send supporting documentation)

Occupation: ____________________________________________________________

Marital Status:  □ Single  □ Married  □ Divorced  □ Separated  □ Widowed  □ Remarried

Spouse: _____________________________________________    Birth date: ______________________________

CHILDREN:

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Are you responsible for child support?  □ Yes     □ No     If so, how much per month? __________________

PERSON(S) TO CONTACT IN CASE OF EMERGENCY:

__________________________  ___________________________  ___________________
Name                   Address                  Phone #

__________________________  ___________________________  ___________________
Name                   Address                  Phone #
BACKGROUND INFORMATION:

Church Affiliation: Seventh-day Adventist?   □ Yes   □ No   □ Other: _____________________________________________

If yes, what is your date of baptism (or profession of faith)? _______________________________________________

What Spirit of Prophecy books have you read completely? __________________________________________________

In what evangelistic activities do you enjoy participating? __________________________________________________

In what church offices have you served? ____________________________________________________________

List any trades or skills you have: _________________________________________________________________

Have you ever been relieved from a job or asked to leave an institution?   □ Yes   □ No
If yes, for what reasons? ____________________________________________________________

Have you ever been refused employment because of ill health?   □ Yes   □ No
Have you ever filed for workers’ compensation insurance?   □ Yes   □ No
Have you missed work in the last six months due to illness?   □ Yes   □ No
If yes, describe: __________________________________________________________

List any physical conditions which may limit your ability to work and study effectively: ______________________

Are you in debt?   □ Yes   □ No   How much? ______________

Do you understand there is a charge for tuition, room, and board?   □ Yes   □ No
How do you plan to finance the cost? ______________________________________________________________

How well do you understand, read, and write English?   □ Fluent   □ Intermediate   □ Beginner

All classes are taught in English. Applicants whose first language is not English may be asked to take an English proficiency test before their acceptance is finalized.

List any musical instruments you play: _______________________________________________________________

Do you have a current U.S. driver’s license?   □ Yes   □ No
Have you had an automobile accident in the past three years?   □ Yes   □ No

Have you ever been arrested?   □ Yes   □ No   If yes, please state reasons and sentence if convicted.

List people you know who are or were at Uchee Pines Institute: ________________________________________
**MEDICAL HISTORY:**

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<th>Yes</th>
<th>No</th>
<th>Year</th>
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**ALLERGIES:**

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<th>No</th>
<th>Year</th>
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**IMMUNIZATIONS:** (for health record only - not required for admission)

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Yr</th>
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**INJURIES:**

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<th>No</th>
<th>Yr</th>
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**OPERATIONS:**

<table>
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<th>Yes</th>
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**WEIGHT**

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<th>Year</th>
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Have you or do you partake in any of the following?

Never | Past (Last Used) | Currently Use

| Alcohol | ☐ | ☑ | ☐ |
| Tobacco | ☐ | ☑ | ☑ |
| Tea | ☐ | ☑ | ☑ |
| Caffeine | ☐ | ☑ | ☑ |
| Drugs | ☐ | ☑ | ☑ |

Usual recreational activity: ____________________________

Hours /week viewing TV or online videos: ______________

Hours /week on internet: (Facebook, Twitter, etc.) ________

Exercise (type & frequency): ___________________________

Do you take any medications or supplements? ☐ Yes ☐ No

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<th>Name</th>
<th>Dosage</th>
<th>Duration</th>
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ESSAY QUESTIONS:
Please respond on a separate sheet of paper to the following questions:
1. When did you fully accept Christ as your personal Savior and yield your life fully to Him? What do you understand conversion to mean?
2. Please relate the experiences in your past life which have prepared you to apply as a student.
3. Please state your philosophy of Christian education and how these views have influenced your life.
4. What place does the Bible hold in your life? What does it mean to you practically and how do you use it?
5. Describe your relationship and attitude toward the organized Seventh-day Adventist church.
6. How does your conversion experience affect your lifestyle? (i.e. diet, music, dress, social relations, recreation)
7. How does your current health status reflect your commitment to the principles of healthful living?
8. Have you ever struggled with depression or mental illness? If yes, describe at length: duration, treatment, medication, and current status?
9. How do you view the role of Ellen G. White and her ministry to the Seventh-day Adventist church?
10. What do you hope to gain from your time at Uchee Pines? What are your long-range vocational goals?
11. After reading the Handbook, please list any specific areas where you feel you cannot comply with institutional policy.

RESUME:
Please enclose a complete resume of your previous jobs, date and employers, how long employed and reason for leaving the employment as well as educational experiences you have had.

PROGRAM INFORMATION:
Check which program you wish to apply for:
- Lifestyle Educator Course (Health Education emphasis)
- Lifestyle Educator Work Study Program (12 months: 6 months full-time work + 6 months LE course)

When would you like to arrive at Uchee Pines Institute? ________________________________________________
(Sessions begin in January and July of each year.)

REFERENCES (send Personal Recommendation Forms to these same 4 individuals):
Give the name of your pastor and three persons not related to you, whom you have known for at least a year:

Name   Address   Phone   How long known?   In what capacity?
1.______________________________________________________________
2.______________________________________________________________
3.______________________________________________________________
4.______________________________________________________________

Please enclose a $50 application fee ($75 international) and a recent photograph with this application.

I have completed the above application as honestly as possible, and seek training which will enable me to be more effective in ministry for Jesus Christ. Should I be accepted into Uchee Pines Educational Center, I purpose to support and promote the principles for which it stands.

_________________________________________  _________________________
Signature                                                                                Date

Notice: It is the policy of the Uchee Pines Educational Center to welcome applications from people regardless of race, color, or national origin, whose goals are in harmony with the ideals and traditions of this institute.
UCHEE PINES INSTITUTE – PERSONAL RECOMMENDATION FORM

Student’s Name: ________________________________ Student’s Phone #: __________________

Dear Friend,

The above named person has applied for admission as a student to the Uchee Pines Educational Center and has given your name as a reference. Please be honest and candid in your evaluation. This referral form will be kept strictly confidential. Since this form must be on file before his/her admission can be considered, please return it promptly to our address. Thank you! Mailing Address: Uchee Pines Institute, 30 Uchee Pines #31, Seale, AL 36875

1. How long have you known the applicant? _________ In what capacity? __________________________

2. What do you believe are the applicant’s greatest strengths? ____________________________________________

3. Is there any particular area of the applicant’s life where he/she may need special guidance or counsel? __________________________________________________________

4. If you would be willing to discuss the applicant more carefully with you by phone, please supply a phone number where you can most likely be reached during normal business hours: Area code (____) _____ - _______

5. Further comments? ____________________________________________________________

6. Please mark the box which best describes the applicant in each of the areas of growth listed below. If you feel you cannot honestly evaluate a certain characteristic, leave that line blank.

   A. TEMPERAMENT: calm, pleasant, not easily provoked...moody, fragile, unapproachable
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   B. SPIRITUALITY: strong, stable, growing...immature, shaking stagnating
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   C. JUDGMENT: sound, careful, teachable...rash, impulsive, headstrong
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   D. SERVICE ATTITUDE: compassionate, unselfish, takes initiative...indifferent, self-centered
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   E. INDUSTRIOUSNESS: diligent, thorough, follows through...lazy, incomplete, needs supervision
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   F. RELATION & ATTITUDE TO THE SDA CHURCH: deeply committed, loyal, supportive...uniformed, skeptical
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   G. RELATION TO THE INSPIRED COUNSEL: informed, accepting, committed...uninformed, neglecting
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   H. ACCEPTANCE OF HEALTH REFORMS: informed, practicing...uninformed, neglecting
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   I. HONESTY: unquestioned, strict...vacillating, questionable
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   J. INTELLIGENCE: vigorous, creative, learning...slow, unmotivated, self-satisfied
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   K. LEADERSHIP ABILITY: sets example, tactful, caring...domineering, micro-managing, critical
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   L. EMOTIONAL STABILITY: solid, positive, secure...dependent, weak, troubled
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   M. ABILITY TO WORK WITH OTHERS: team worker, caring, considerate...loner, critical, obstinate
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

   N. ATTITUDE TOWARD AUTHORITY: supportive, teachable, obedient...rebellious, querulous, resentful
      □ Excellent □ Good □ Average □ Below Average □ Unsatisfactory

7. The applicant’s English language skills, could be characterized as: □ Fluent □ Intermediate □ Beginner

8. Considering the responsibilities resting on those engaged in missionary work, how well do you think this person will do as a student at Uchee Pines?
   □ recommended without reservation □ not recommended under present circumstances
   □ recommended with some reservation □ not recommended under any circumstances

9. I (□ am) (□ am not) acquainted with the principles and policies which characterize life at Uchee Pines Institute.

Your Name __________________________ Position or title __________________________ Date ______________

Address_______________________________City_________ State____________

Country________________________________________Postal Code __________________________
UCHEE PINES INSTITUTE –PERSONAL RECOMMENDATION FORM

Student’s Name: _______________________________ Student’s Phone #: _______________________________

Dear Friend,

The above named person has applied for admission as a student to the Uchee Pines Educational Center and has given your name as a reference. Please be honest and candid in your evaluation. This referral form will be kept strictly confidential. Since this form must be on file before his/her admission can be considered, please return it promptly to our address. Thank you! Mailing Address: Uchee Pines Institute, 30 Uchee Pines #31, Seale, AL 36875

1. How long have you known the applicant?___________ In what capacity? __________________________________________
2. What do you believe are the applicant’s greatest strengths?________________________________________________________________________________________
3. Is there any particular area of the applicant’s life where he/she may need special guidance or counsel? ________________________________________________________________
4. If you would be willing to discuss the applicant more carefully with you by phone, please supply a phone number where you can most likely be reached during normal business hours: Area code ( ____ ) _____-__________
5. Further comments? __________________________________________________________________________

6. Please mark the box which best describes the applicant in each of the areas of growth listed below. If you feel you cannot honestly evaluate a certain characteristic, leave that line blank.
   A. TEMPERAMENT: calm, pleasant, not easily provoked...moody, fragile, unapproachable
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   H. ACCEPTANCE OF HEALTH REFORMS: informed, practicing...uninformed, neglecting
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   ☐ recommended with some reservation ☐ not recommended under any circumstances

9. I (☐ am) (☐ am not) acquainted with the principles and policies which characterize life at Uchee Pines Institute.

Your Name _______________________________ Position or title _______________________________ Date ______________
Address ___________________________________________ City ______________ State ______________
Country ___________________________________________ Postal Code ______________________________
Dear Friend,

The above named person has applied for admission as a student to the Uchee Pines Educational Center and has given your name as a reference. Please be honest and candid in your evaluation. This referral form will be kept strictly confidential. Since this form must be on file before his/her admission can be considered, please return it promptly to our address. Thank you!

Mailing Address: Uchee Pines Institute, 30 Uchee Pines #31, Seale, AL 36875

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2. What do you believe are the applicant’s greatest strengths? ______________________________

3. Is there any particular area of the applicant’s life where he/she may need special guidance or counsel? ______________________________

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   D. SERVICE ATTITUDE: compassionate, unselfish, takes initiative...indifferent, self-centered
      - Excellent □     Good □     Average □     Below Average □     Unsatisfactory □

   E. INDUSTIOUSNESS: diligent, thorough, follows through...lazy, incomplete, needs supervision
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   F. RELATION & ATTITUDE TO THE SDA CHURCH: deeply committed, loyal, supportive...uninformed, skeptical
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   G. RELATION TO THE INSPIRED Counsels: informed, accepting, committed...uninformed, neglecting
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   H. ACCEPTANCE OF HEALTH REFORMS: informed, practicing...uninformed, neglecting
      - Excellent □     Good □     Average □     Below Average □     Unsatisfactory □

   I. HONESTY: unquestioned, strict...vacillating, questionable
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   - recommended with some reservation □
   - not recommended under present circumstances □
   - not recommended under any circumstances □

9. I (□ am) (□ am not) acquainted with the principles and policies which characterize life at Uchee Pines Institute.

Your Name __________________________ Position or title __________________________ Date __________ 

Address__________________________________________________________City____________________ State________

Country________________________________________________________Postal Code ________________
UCHEE PINES INSTITUTE – PERSONAL RECOMMENDATION FORM

Student’s Name: ________________________________  Student’s Phone #: ____________________________

Dear Friend,

The above named person has applied for admission as a student to the Uchee Pines Educational Center and has given your name as a reference. Please be honest and candid in your evaluation. This referral form will be kept strictly confidential. Since this form must be on file before his/her admission can be considered, please return it promptly to our address. Thank you!

Mailing Address: Uchee Pines Institute, 30 Uchee Pines #31, Seale, AL 36875

1. How long have you known the applicant? __________ In what capacity? ____________________________
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Your Name ________________________________  Position or title ________________________________  Date __________
Address ___________________________________________________________ City __________________ State ________
Country ___________________________________________________________  Postal Code ____________________________